

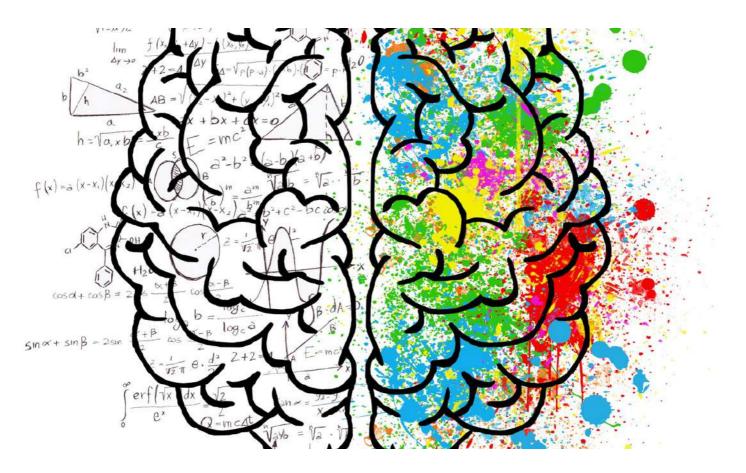


# Critical Thinking Skills: Think Creatively and Solve Problems Decisively

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### Introduction



#### Unleash Your Creative DNA for Critical Thinking and Problem-Solving

Critical thinking provides you with the skills to analyse and evaluate information so that you are able to obtain the greatest amount of knowledge from it. It provides the best chance of making the correct decision, and minimises damages if a mistake does occur. We live in a knowledge-based society, and the more critical you think the better your knowledge will be. Critical thinking will lead to you to become a more rational and disciplined thinker. It will reduce your prejudice and bias which will provide you a better understanding of your environment. Critical thinking is akin to the study of logic. Critical thinking relates to how we make decisions and use our judgment. Critical thinking is more than just thinking about thinking or metacognition. It is also about how we take action. This course will provide you the skills to evaluate, identify, and distinguish between relevant and irrelevant information. It will lead you to be more productive in your career, and equip you with an invaluable skill for your everyday life.

# **Learning Outcomes**

# Critical thinking improves our quality of thinking through better interpretation of facts and rational evaluation of solutions.

In this course, you will discover how to:

- 1. Understand the components of critical thinking;
- 2. Utilize non-linear thinking;
- 3. Use logical thinking;
- 4. Recognize what it means to be a critical thinker;
- 5. Evaluate information using critical thinking skills;
- 6. Identify the benefits of critical thinking;
- 7. Revise perspective, when necessary;
- 8. Comprehend problem solving abilities.



# **Course Outline**

#### **1. Components of Critical Thinking**

- Applying Reason
- Open Mindedness
- Analysis and Logic

#### 2. Non-Linear Thinking

- Step Out of Your Comfort Zone
- Don't Jump to Conclusions
- Expect and Initiate Change

#### **3. Logical Thinking**

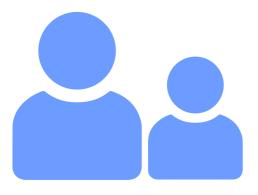
- Ask the Right Questions
- Organize the Data
- Evaluate the Information

#### 4. Critical Thinkers

- Active Listening
- Be Curious, Disciplines and Humble
- Seeing the Big Picture
- 5. Evaluate the Information
  - Watch out for the Bias
  - Ask Clarifying Questions
  - SWOT Analysis
- 6. Benefits of Critical Thinking
  - Being Persuasive
  - Better Communication and Problem Solving
  - Increased Emotional Intelligence

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## **Who Should Attend?**



This workshop is designed for all those who are keen to learn more about critical thinking and creativity, those who wants to maximize what they can achieve not only in their workplace but in their daily lives. Participants will be able to think beyond the stereotype and discover their potential.

## **Course Details**



1 Day 9.00am - 5.00pm (Classroom) 9.30am - 4.30pm (Virtual)



**Classroom Learning** at Holiday Inn Orchard City Centre / Virtual Learning via Zoom



(65) 6720 3333 training.aventis@gmail.com



\$635 Before GST



### **Trainer's Profile**



Personal and Organisational Effectiveness Master Trainer and Certified Advanced Behavioural Analyst: Ivan Phua

With his easy-going and relational communication styles, Ivan helps build rapport with participants and draws out key learning concepts for effective learning. He is creative, dynamic and he inspires clients to improve their performance by changing their attitudes and developing their skills and knowledge. As a coach, he brings the best out of them through critical thinking; solving issues by analyzing the situation, identifying possible solutions, deciding the right approach in order to achieve the desired outcome or the "*aha*" moments.

Ivan has held various management roles including Sales and Marketing, Operations and Services in various industries. Using his critical thinking skills, he is able to think reflectively and independently in order to make thoughtful decisions. By focusing on root-cause issues, his critical thinking skills helped organizations avoid impending problems that can result in undesirable consequences.

Ivan has completed the Advanced Certificate in Training and Assessment (ACTA) with the Singapore Training & Development Association (STADA), the training division of the Singapore Workforce Development Agency (WDA). He is a Certified Behavioural and Career Consultant (CBCC) as well as a Certified Advanced Behavioural Analyst (CABA) with the Institute of Motivational Living (IML), an authorized provider by the International Association for Continuing Education and Training (IACET), USA. Ivan is also Certified as The Leadership Challenge Trainer (TLC), a leadership programme using the Leadership Practices Inventory® (LPI), a 360-degree leadership behavior assessment, developed by Jim Kouzes and Barry Posner, USA. He is also a Certified R3 Factor Trainer from Relationship Help Center, USA.

### **Testimonials**

"The Critical Thinking workshop is unique and fun. The participants were active in learning and sharing. Facilitator Ivan Phua challenged and engaged the participants to stretch their thinking skills and be creative and innovative. I learned to see things in a different perspective. Thank you!"

- Juliana Boey, Assistant HR and Recruitment Manager

"Ivan Phua delivered the Critical Thinking workshop in a different and fun was with lots of activities and engagement. Most of all, he helped us relate to our workplace challenges and got us to think positively and creatively. We learned much from him and from each other."

- Melissa Bei, Admin Manager for Trading

"Besides the ability to learn through doing and encouragement from the trainer. The (Critical Thinking) workshop had also helped me to discover more about myself and reminded me of what I've learned in the workshop to put to practice at my workplace."

- Sylvia Thay, Medical Technologist for Research