

COURSE OUTLINE

Training Title	Critical Thinking
Training Duration	2 days
Training Description	Thinking is a natural process and we cannot avoid it but we can definitely change our way of thinking. It is our brain which processes our thoughts when we look at any situation, object, data, person etc. We have a set of preinstalled assumptions, reasons, logics biases which construct our thoughts and we can definitely change or control them to build an effective thinking skill which is called Critical Thinking. Critical Thinking is the ability to think clearly and rationally, comprehending the logical connection in a situation. It has been the subject of much thought for a lot of centuries and has continued to be a subject of discussion in today's modern world.
Who Should Attend?	New Employees, Potential leaders, Management, Heads of Department, Team leaders, Supervisors, Operation Managers, Technical Leaders who lead sub-teams , Aspiring leaders
Workshop Learning Objectives	Upon completing this 'Critical Thinking Training Program' successfully, participants will be able to: • Understand key concepts of critical thinking • Clarify the difference in cognition, reasoning and logics • Improve their decision making based on facts, assumptions, arguments etc. • Able to see a problem with a logical approach to find a quick solution • Understand the importance of bias in critical thinking • Apply Critical Thinking in practical situations
Training Methodology	• Lectures • Group Presentations • Assignments and role play • Group Discussions • Case Studies • Gamification
Training Outline	Day 1: Foundations of Critical Thinking Morning Introduction to Critical Thinking: • What is critical thinking? (Distinguish from reasoning, rationality) • Why is critical thinking important? (Benefits in personal and professional life) • Exercises: Self-assessment of critical thinking skills, Identifying real-world applications The Building Blocks of Arguments: • Recognizing claims, premises, and conclusions

	• Understanding different types of arguments (deductive, inductive, etc.) • Exercises: Identifying elements of arguments in real-world examples (e.g., news articles, advertisements) Afternoon Logical Fallacies and Thinking Biases: • Common mistakes in reasoning (e.g., strawman, ad hominem) • Exploring the influence of cognitive biases (confirmation bias, sunk cost fallacy) • Exercises: Recognizing fallacies in arguments, Identifying personal biases and their impact Evaluating Evidence: • Distinguishing between strong and weak evidence • Assessing the credibility of sources • Exercises: Evaluating evidence presented in arguments, Identifying potential biases in sources Day 2: Applying Critical Thinking Skills Morning Formulating Strong Arguments: • Identifying the purpose and audience for your argument • Building clear and concise arguments with supporting evidence • Exercises: Constructing arguments for different scenarios, Practicing clear and concise communication The Art of Questioning: • Importance of asking probing questions • Techniques for effective questioning • Exercises: Developing questioning skills, Applying them to analyze arguments Afternoon • Putting it All Together: • Case Studies: Apply critical thinking skills to real-world situations (e.g., evaluating a news report, making a complex decision) • Group Discussions: Participants work together to analyze cases and practice critical thinking techniques Wrap-up and Next Steps: • Review key takeaways from the program • Strategies for continuous improvement in critical thinking • Resources for further learning
Organizational and Personal Benefits	The organisation would get the following benefits – • More creativity from team members resulting in getting more ideas to improve business • Problems will get solved quicker due to the use of best practices by thinking about different solutions • Increase your teams' productivity by focussing on areas to be worked upon • Performance issues can be addressed and improved by better mentoring Personal Benefits:

	Participants will get benefited in the following ways: • Have a better understanding of a situation or an argument by thinking 360 degrees • Able to see a problem with a logical approach to solve it quickly • Build a customised self-development plan to ensure your growth in the organisation • Able to give a clear explanation of your thoughts in your presentation • Overall improvement in the mindset • Apply your critical and creative thinking to develop your own employee's performance, as well as the growth of your organisation
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